



Wythenshawe & Northenden Age Friendly Newsletter October Edition



Northenden Library
Coffee Day
Celebrating 'older
Peoples Day'
Wednesday
6th October 2-5 pm



Brooklands Library
Coffee Day
Celebrating 'Older
Peoples Day'
Friday 8th October
During OPENING HOURS

**NORTHENDEN
ARTS FESTIVAL 2021**
(in association with Northenden Players Theatre Club)
October 28th - 31st
at Northenden Players Theatre,
20, Church Rd,
Northenden.

OLD TIME MUSICAL HALL
STORY TELLING
AFTERNOON TEA
CHILDREN'S EVENTS
CLASSICAL CONCERTS

JAZZ
COMEDY
MUSIC
PLAYS
SWING-BAND

EVENTS
YOU MIGHT
WANT TO GO
TO

Come in!
For tasty food
and good company

**Free meals
Wednesdays
7.00pm**

Everyone is welcome

FoodCycle Wythenshawe
Brooklands
Brooklands Church
of the Nazarene
Wendover Rd
M23 9FN

This year the Northenden Boat race has raised going onto £5.000 with the just giving amount still to be added
Can we say a big thank you to all that took part.



TEAM WILD: OCTOBER

WHERE Painswick Park Meadow, Wythenshawe. Meet at Woodhouse Park Lifestyle Centre, Portway, M22 1QW

WHAT Scrub management.

WHEN Tuesday 5th, 12th and 19th October. 10am -1pm.

NO NEED TO BOOK.
JUST COME ALONG
ON THE DAY!

MANCHESTER CITY COUNCIL
Esmée Fairbairn FOUNDATION
Cadent Foundation

Benchill Ladies

Benchill ladies over 50s meet every Monday morning from 10am. at the Benchill Community Centre.

I recently called in to see the ladies and have a cup of coffee with them and they told me men are welcome. Well I stayed and had a game of bingo but I did not win.

We had a good matter and one lady told me while talking about tattoos that she always wanted when she was young to have a tattoo on the cheek of her bottom, of a pair of lips, so if young men got clever she would do a moony and say kiss that.

I had great morning with plenty of laughter and they told me that they also go on days out. so if you would like to join them, Monday morning.

Forum Library

Opening Hours
Library Available*
Staffed hours

Monday 8am - 8pm 9am - 8pm

Tuesday 8am - 8pm 9am - 8pm

Wednesday 8am - 8pm 9am - 5pm

Thursday 8am - 8pm 1pm - 8pm

Friday 8am - 5pm

Saturday 9am - 5pm 9am - 5pm

Sunday Closed Closed

*Become an Open+ member for free to access the library during times when the library is available but not staffed.

To register for Open+ bring your library ticket for ID with your address on to join. You will need to sign an agreement and be shown how the system works.

Under 18s can only use the library during Open+ hours if accompanied by an adult.



Benchill Ladies are holding a Macmillan coffee morning on October 4th 10am till 12 noon



Friends of Baguley Hall

Walk and Talk

Thursday 21 October 2021, 18:30 – 20:00

Join us for a guided walk (slightly ahead of Halloween).

Together, we'll be setting off from Baguley Hall for a short guided walk, where we'll also be visiting Royal Oak Community Centre & Arts Studio (for refreshments & preview of Cauldron Conundrum Halloween Grotto & Puppet Show).

There will also be conversation and spooky readings.

Details

- Meet at Baguley Hall (Hall Lane entrance) from 18:30
- Walk commences at 18:45
- Arrive at Royal Oak Community Centre & Arts Studio by 19:00
- 20:00, event ends – a group will be walking back to Baguley Hall together
- All welcome!



e. baguleyfriends@gmail.com
w. baguleyhall.org.uk
t. @baguleyhallfobh



Manchester Wellbeing Fund

NHS
Greater Manchester Mental Health
NHS Foundation Trust

If you have a great idea for a project to support mental wellbeing in your local community, you could get funding from the **Manchester Wellbeing Fund**. Visit www.gmmh.nhs.uk/manchester-wellbeing-fund for more information.



MRS BEETONS

TREACLE TART

45ml/3 tbsp golden syrup
50 g / 2 oz soft white breadcrumbs
5ml / 1 tsp lemon juice

short crust pastry
150g / 5oz plain flour
2.5 ml / 1/2 tsp salt
65g / 2 1/2 oz margarine (or butter, half lard)
flour for rolling out.
Set the oven at 200*c / gas6.



To make the pastry, sift the flour and salt into a bowl, then rub in the margarine until the mixture resembles fine bread-crumbs.

Add enough cold water to make a stiff dough. Press the dough together with your fingertips.

Roll out the pastry on a lightly floured surface and use just over three - quarters of it to line a 20cm / 8 inch pie plate, reserving the rest for a lattice topping.

Melt the syrup in a saucepan. Stir in the breadcrumbs and lemon juice, then pour the mixture into the the prepared pastry case.

Roll out the reserved pastry to a rectangle and cut into 1 cm / 1/2 inch strips. Arrange in a lattice on top of the tart. Bake for about 30 minutes.

Laughter



Why is there mistletoe hanging over the baggage counter?" asked the airline passenger. "It's so you can kiss your luggage goodbye."

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Ours is a good restaurant." said the manager. "if you order an egg, you get the freshest egg in the world. If you order hot coffee, you get the hottest coffee in the world, and-" "i believe you," said the customer. "I ordered a small steak."

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I hear the boys are going to strike," one worker told another.

"What for?" asked the friend. "shorter hours." Good for them. I always did think 60 minutes was too long for an hour."

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What is this months object ?.



The answer to last month's object is .
A mincer for mincing meat .



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Wythenshawe
Community Housing Group



Help save stroke research, so stroke survivors can rebuild their lives #SaveStrokeResearch



Rebuilding lives after stroke
stroke.org.uk

Join us on Facebook Follow us on Twitter Join our stroke community on Facebook and Twitter

Your local Neighbourhood Health Workers

If you're interested in getting involved in any community activities or have some ideas of your own that you would like to develop in Wythenshawe, please contact Phil or Emma.

Emma Farrell: Brooklands and Northenden –
emma.farrell@gmmh.nhs.uk / 0161 271 0582

Phil Tomlinson: Baguley, Sharston and Woodhouse Park –
Philip.tomlinson@gmmh.nhs.uk / 0161 358 8600



buzz

Manchester Health & Wellbeing Service

Age Friendly Network

If you would like us to email you a copy every month please email one of the names below

Contact ANY OF US:

emma.farrell@gmmh.nhs.uk

philip.tomlinson@gmmh.nhs.uk

fredleatherbarrow@yahoo.co.uk